

Travel/Illness History Questionnaire

If any of your answers have an * next to it, PLEASE LET US KNOW IMMEDIATELY!

1. Are you 14 days past receiving the final dose of the COVID 19 Vaccine? YES NO

If YES, please provide date of final dose _____

Please bring a copy of your vaccine card for us to scan into your files.

If you answered YES to #1, you only need to answer ②, ④, and ⑥ and sign at the bottom.

- ②. In the past 14 days, have you travelled by air or other public transportation? *YES NO

If you responded YES above, have you self-isolated or quarantined for 14 days or tested negative by PCR test at least 5 days after your return? YES *NO

3. Have you had close contact with anyone (*family, close relationships, coworkers, etc.*) who has travelled by air or other public transportation in the past 14 days who has not tested negative by PCR at least 5 days after their return? *YES NO

- ④. Have *you, a family member or other close contact experienced* any of the following symptoms or *been exposed to anyone* who has had any these symptoms in the past 14 days?

****Fever, chills, generalized muscle aches/pains, cough, sore throat, shortness of breath, loss of smell or taste, new onset of unusual fatigue, headache that is unusual for you, diarrhea, nausea, abdominal pain, acute confusion, hives.** *YES NO

5. Have *you or any close contacts* had any known exposure to the Corona Virus in the past 14 days? *YES NO

- ⑥. Are you currently taking any medications to suppress a fever? *YES NO

7. Do you, *or any of your close contacts* work in a setting such as a daycare, restaurant or fitness center, where customers typically do not wear masks? *YES NO

8. Are you wearing a mask when in public places and when socializing indoors, practicing social distancing, and avoiding gatherings of groups of 10 or more? YES *NO

I understand that it is my responsibility to immediately inform Progress Physical Therapy, LLC if I develop any of symptoms noted above**, have had close contact with anyone else with these symptoms or diagnosed with Corona Virus, or if I have been advised to self-quarantine. I also understand that, if any of my answers have a * next to them, special accommodations may be made, my appointment *may* need to be re-scheduled or virtual visits will be offered, *if appropriate* to maintain the lowest possible risk of the spread of COVID at our office. I understand that Progress Physical Therapy, LLC has a strict policy that all who visit will wear a mask (no valve on mask) that covers their nose and mouth for the entire time visiting our office, even when social distanced from others. I will call 804-270-7754 and let Progress Physical Therapy, LLC know if I am unable to follow this policy before arriving at the clinic.

Name (Print) _____ Signature _____ Date _____